



Case Study

Chapter 1 - Sorrow of Arjuna

A woman prays to God asking for help and blessings. Her husband just lost his job and that has put lot of financial pressures on the family. The woman cried in front of God and asked why she alone has to go through this suffering all the time. She even cursed God for letting her down all the time. The couple never did any charity nor had any knowledge about their life. They did not even have good friends to help them during their difficult times. They never had long term visions and were not prepared for bad times in life. On top of this the husband was never pious and did any prayers to God. Their karma from their past lives was so negative and they had to go through the difficulties to pay through their negative karma, the job loss being one of them. But God wanted to answer their prayers as they were in distress. Since the wife prayed, God wanted to give them some peace of mind, so God through her husband, decides to send her and her child away from the situation. The husband through God's intuition decided to send his wife and child to his parent's house until he finds a stable job. But the wife is unhappy with the decision and once again curses God for sending her away from her husband.

Having got a place, food, shelter for her and her child, the wife is still unhappy about the whole situation. And she cries to God one more time saying that her in-laws are not good and why God has to do this always to her by making her suffer. She then requests God if she could go to her parents house. God answers her prayers and through her husband once again allows her to go and spend time in her parent's house as long as she wanted. But within a week, the wife complains again saying that her mother is putting a lot of pressure on her and because of that she is unhappy again. She cries to God cursing him as to why she has to always go through this suffering and requests God if she can be with her husband. God once again answers her prayers and helps her husband to find a stable job. Her husband through God's intuition calls her back to stay with him. Within couple of weeks the wife cries again and complains to God that she does not find time to take care of her baby as there is no help from the in-laws and her parents. She complains to God and curses him for her inability to take care of her child and husband. She also requested God if she could be with her mother.

1. Why do you think the wife has so many problems?
2. Who do you think is creating all the problems?
 - a. God
 - b. Husband
 - c. Wife
 - d. In-laws
 - e. Parents
3. What is the permanent solution to solve wife's problem completely?
4. What did you learn from the story?
5. Can you think of anybody in your life who you could relate to the wife's character?
6. If this were to happen in your life, how would you resolve this problem?