



Case Study

Chapter - 14: The Three Gunas

"A person wandering in the forest meets a Sage. Attracted by the good nature of the Sage, this person seeks the Sage's association. The Sage through his dhrishti (clairvoyance) finds out that this person has committed many sins like having lust and anger, money mindedness, disrespect to Sages etc... . But out of compassion the saint offers him a place to stay in his ashram. But the person denies the offer and says that he could not imagine staying with the Sage full-time, rather he wanted to meet the Sage once in a while according to his own convenience. The Sage gently smiled and agreed. Over a period of time this person displays his attitude of laziness, anger and disrespect to the Sage. He would go to the extent of questioning the Sage whenever the Sage advised him. But out of compassion to fellow human beings the Sage always continued to show him the path of dharma".

1. What is the guna of the Sage? Why?
2. What is the guna of the person? Why?
3. What did you learn from this story?
4. What should the person do to transcend his guna?