



Case Study

Chapter - 5: Yoga of Renunciation

There was a small town on the bank of a river. On the opposite bank of the river, there was a dense forest. Nine Sages lived in the jungle. They were harmless and so peaceful that even the forest animals loved them. Their hermitage was a lovely resting place for the visitors of the forest. They had renounced the world for spiritual peace. So they spent most of their time in praying and worshipping God. They hadn't much education and didn't know any prescribed way of worship. They had devised their own method of worship and were happy to follow it. Once a learned Brahmin came to the hermitage and was annoyed with the Sages' method of worship. He told them that they were following a wrong procedure of worship and this might displease God & bring curse on them. The Sages were horrified and requested him to teach the right way of worship. The Brahmin agreed and stayed there in their hermitage and taught them the technique that he knew. After teaching them well, he decided to leave the hermitage and boarded a boat to cross the river. The boat reached the middle of the river and all of a sudden, he saw the Sages running towards him, walking on the water as if they were walking on the earth. The Brahmin asked the boatman to stop the boat and asked the Sages the reason for coming. The Sages informed the Brahmin that they had forgotten the right procedure of worship taught by him. The Brahmin bowed before them and asked for their forgiveness.

1. Whose procedure of worship was better?
A) Brahmin B) Sages. Why?
2. What is the best way to worship God according to you?
3. What is your way of worship towards God?
4. What does God watch for?
A) Procedure of worship B) Heart's Love
5. Who should be the teacher / Guru and who should be the disciple?
A) Brahmin B) Sages
6. What did you learn from this story?