



**D2D Atma Gynam (Gyan) / Vicharanai (Vichar) Series: Bhagavad Gita**

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**The Vichars for Chapter 2 [Yoga of Knowledge]**

1. What are your weaknesses? List them one by one.
2. Were you a coward in making the right decision? List the decisions where you had been a coward.
3. List solution(s) to overcome your weaknesses and cowardice.
4. At the time of death of dear ones how have you reacted in the past? Write down the emotions you had at that time.
5. How would you react now after receiving that same knowledge?
6. List the actions where you were desperately looking for results and not focusing on actions. Can you monitor them? How?