



Case Study

Chapter -9: Yoga of Mysticism

Once, a great Sage was giving a lecture in a temple. Before starting the spiritual discourse, the Sage offered fruits, flowers and food to the Divine. One of the students came to the Sage and humbly asked him a question. Oh Great One, why do we offer fruits, flowers and food to the Divine? I have never seen the Divine come and eat the fruits, flowers and food anytime in my life. But we still offer them - why?

The Sage with a beautiful smile gently asked the student to bring one of the spiritual books and memorize a particular sloka [song]. Puzzled by the reaction of the Sage, the student very obediently did what the Saint asked him to do.

The Sage asked the student to tell the sloka [song] that he memorized. The student said the song correctly. The Sage then asked if the song or sloka had disappeared from the book after the student read from it. The student understood the answer to his question.

1. What did you learn from the story?
2. Why did the Sage ask the student to read the sloka from the book? What was his intention?
3. What does offering to the Divine mean to you from the story?