



D2D Atma Gynam (Gyan) / Vicharanai (Vichar) Series: Bhagavad Gita

SEP 29, 2010

The Vichars for Chapter 12 [Yoga of Devotion]

1. Why it is difficult to imagine the formless Brahman?
2. From the choices that Krishna gave, which is that you are following to be in sync with God:
 - a. Complete absorption
 - b. Concentration
 - c. Doing things that pleases God
 - d. Complete surrender
 - e. Controlling the lust
 - f. Renouncing the fruits of actions
3. How can one accept pleasure and pain with equanimity (equally)?
4. How can one be forgiving and ever contented?
5. How to have unshakable resolve?
6. Why is it important to control one's speech? What needs to be controlled in one's speech?