



D2D Atma Gynam (Gyan) / Vicharanai (Vichar) Series: Bhagavad Gita

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The Vichars for Chapter 13 [The Field and Its Knower]

1. What does Prakriti mean to you?
2. Which guna do you belong to?
 - a. Sattwic
 - b. Rajasic
 - c. Tamasic
3. Are you able to differentiate the Prakriti and the Atman?
4. By which way will you realize Atman?
 - a. Contemplation
 - b. Meditation
 - c. Following the yoga of right action
 - d. Worshipping God as your teacher has taught you
5. What is God to you according to the way your teacher has taught you?