



D2D Atma Gynam (Gyan) / Vicharanai (Vichar) Series: Bhagavad Gita

OCT 13, 2010

The Vichars for Chapter 14 [The Three Gunas]

1. Which guna predominates in you?
2. What is Sattwa guna according to you?
3. What is Rajasic guna according to you?
4. What is Tamasic guna according to you?
5. What is your current guna and how will you transcend that guna?