



D2D Atma Gynam (Gyan) / Vicharanai (Vichar) Series: Bhagavad Gita

NOV 10, 2010

The Vichars for Chapter 18 [Yoga of Renunciation]

1. What type of renunciation do you do in your life?
 - a. Sattwic
 - b. Rajasic
 - c. Tamasic
2. What type of Knowledge do you have?
 - a. Sattwic
 - b. Rajasic
 - c. Tamasic
3. What kind of conscience do you have?
 - a. Sattwic
 - b. Rajasic
 - c. Tamasic
4. What kind of determination do you have?
 - a. Sattwic
 - b. Rajasic
 - c. Tamasic
5. What kind of happiness do you have in your life?
 - a. Sattwic
 - b. Rajasic
 - c. Tamasic
6. What to you is the highest wisdom? Why?
7. Name one person whom you are thinking to share this knowledge with?
8. Having listened to Gita, do any more doubts still linger in your mind? If so, list them.
9. List 5 important knowledge points that touched your heart after listening to 18 chapters of Gita.